

7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday	12 Saturday	13 Sunday
Breakfast						
Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal
Blueberry Pancakes	Hashbrown Casserole w/ Ham & Cheese	Fried Eggs	Biscuits w/ Sausage Gravy	Waffles	Hard Boiled Eggs	Scrambled Eggs w/ Cheese
Sausage Links	Toast	Turkey Links	Hashbrowns	Fresh Fruit	Bacon	Sausage Patty
Syrup	Jelly	Toast	Scrambled Eggs	Syrup	Toast	Toast
Margarine	Margarine	Jelly/Margarine	Margarine	Margarine	Jelly/Margarine	Jelly/Margarine
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea
10 AM Snack						
Assorted Snacks/Beverages						
Lunch						
Pot Roast w/ Gravy	Veal Parmesan	Chicken & Dumplings	MEAL OF THE MONTH	Baked Pork Chops	Dill Glazed Salmon	Braised Beef Tips
Mashed Potatoes	Spaghetti Noodles	Peas	Taco Bar	Au Gratin Potatoes	Baked Potato	Garlic Noodles
Baby Carrots	Green Beans	Bread	Corn & Black Beans Mixed	Broccoli	Stewed Tomatoes	Corn
Roll	Garlic Bread		Spanish Rice	Bread		Bread
Margarine	Margarine	Margarine	Apple Pie & Ice Cream	Margarine		
Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea
Asst Dessert	Asst Dessert	Asst Dessert		Asst Dessert	Asst Dessert	Asst Dessert
3 PM Snack						
Assorted Snacks/Beverages						
Dinner						
Breaded Chicken Patty On Bun	Glazed Ham	Chilli w/ Beans	Egg Salad On Crossiant	Tomato Soup	Grilled Chicken Breast	Open Face Turkey Sandwich w/ Gravy
Tator Tots	Mac & Cheese	Crackers	Potato Chips	Grilled Cheese Sandwich	Scalloped Potatoes	Mashed Potatoes
Mixed Vegetables	Lima Beans	Cottage Cheese	Carrot Sticks	Crackers	Wax Beans	Green Beans
	Bread		Ranch Dressing			
Asst Dessert	Asst Dessert	Asst Dessert	Asst Dessert	Asst Dessert	Asst Dessert	Asst Dessert
Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea
8 PM Snack						
Week 5 F/W 1/7/19-1/13/19						
Assorted Snacks/Beverages						