

4	5	6	7	8	9	10
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>						
Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal
Cheesy Scrambled Eggs	Fried Eggs	Boiled Eggs	French Toast	<b>Lisa's Big Breakfast</b>	Scrambled Eggs	Pancakes
Bacon	Sausage Patty	Canadian Bacon	Turkey Links		Sausage Links	Bacon
Toast	Toast	Toast	Syrup		Donuts	Syrup
Jelly/Margarine	Jelly/Margarine	Jelly/Margarine	Margarine		Margarine	Margarine
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea
10 AM Snack						
Assorted Snacks/Beverages						
<b>Lunch</b>						
Beef & Noodles	Baked Ham	Turkey w/ Gravy	Pork Egg Rolls	Lemon Pepper Catfish Fillets	Salisbury Steak w/ Gravy	Baked Chicken
Mashed Potatoes	Mac & Cheese	Sweet Potatoes	Stir Fry Vegetables	Buttered Egg Noodles	Mashed Potatoes	Baked Potato
Corn	Stewed Tomatoes	Green Beans	Brown Rice	Loma Beans	Mixed Vegetables	Peas & Carrots
Cornbread	Bread	Roll	Soy Sauce			Roll
Margarine	Margarine	Asst Dessert	Asst Dessert	Asst Dessert	Asst Dessert	Asst Dessert
Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea
Asst Dessert	Asst Dessert					
3 PM Snack						
Assorted Snacks/Beverages						
<b>Dinner</b>						
Teriyaki Chicken Breast	Broccoli & Cheese Soup	Tuna Salad On Croissant	Chilli Mac	Chicken Noodle Soup	Tenderloin On Bun	Beef Lentil Soup
White Rice	Crackers	BBQ Potato Chips	Corn	Crackers	French Fries	Crackers
Sugar Snap Peas	Deli Meat Sandwich	Cucumber Salad	Corn Muffins	Grilled Cheese Sandwich	Italian Green Beans	Philly Cheese On Hoggy
					Pickles/Onions	
Asst Dessert	Asst Dessert	Asst Dessert	Asst Dessert	Asst Dessert	Asst Dessert	Asst Dessert
Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea
8 PM Snack						
Assorted Snacks/Beverages						
<b>Week 3 F/W 2/4/19-2/10/19</b>						