

11	12	13	14	15	16	17
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast						
Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal
Scrambled Eggs	Cheese Omelet	Fried Eggs	Blueberry Pancakes	Scrambled Cheese Eggs	Hard Boiled Eggs	Over Easy Eggs
Canadian Bacon	Hashbrowns	Sausage Links	Bacon	Sausage Patties	Ham slice	Cornbeef Hash
Toast	Toast	Raisin Toast	Syrup	Toast	Toast	Toast
Jelly/Margarine	Jelly/Margarine	Jelly/Margarine	Margarine	Jelly/Margarine	Jelly/Margarine	Jelly/Margarine
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea
10 AM Snack						
Assorted Snacks/Beverages						
Lunch						
Roast Beef w/ Gravy	Chicken A La King	Baked Ham	Meal of The Month	Oven Baked Fish	Chili Mac	Cornbeef
Mashed Potatoes	Biscuits	Scalloped Potatoes	Fried Chicken & Mashed Potatoes	Smothered Potatoes & Onions	Cornbread Muffins	Fried Cabbage
Baby Carrots	Mix Vegetables	Wax Beans	White Gravy	Sugar Snap Peas	Creamy Coleslaw	Seasoned Baked Potatoes
		Bread	Corn on Cob			
Margarine	Margarine	Asst Dessert	Roll	Asst Dessert	Asst Dessert	Asst Dessert
Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea
Asst Dessert	Asst Dessert		Coconut Cream Pie			
3 PM Snack						
Assorted Snacks/Beverages						
Dinner						
Salmon Patty w/ Dill Sauce	Polish Sausages w/ Onions & Peppers	Turkey Pot Pie	Jumbo Stuffed Shells w/ Meat Sauce	Bologna & Cheese Sandwiches	Unstuffed Cabbage Rolls	Baked Chicken Breast
Rice	Sauerkraut	Bread	Green Beans	BBQ Potato Chips	Mashed Potatoes	Au Gratin Potatoes
Creamed Peas	Mashed Potatoes	Cottage Cheese	Garlic Bread	Macaroni Salad	Capri Vegetables	Grilled Zucchini
	Bread					
Asst Dessert	Asst Dessert	Asst Dessert	Asst Dessert	Asst Dessert	Asst Dessert	Asst Dessert
Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea
8 PM Snack						
Assorted Snacks/Beverages						
WEEK 3 F/W 3/11/19-3/17/19						